



# What is Sepsis? *Sepsis And Kids*

Sepsis is the body's overwhelming and life-threatening response to an infection which can lead to tissue damage, organ failure, and death.



Every year, sepsis strikes over 75,000 children in the U.S., and kills enough kids to fill a kindergarten class every 48 hours.

## How Can I Spot Sepsis?

Sepsis can happen as the result of *any* infection. There is **no one** symptom of sepsis. If your child is **unwell** with either a **fever** or very low temperature (or has had a fever in the last 24 hours):



### **SUSPECT SEPSIS**

Brought to you by Erin's Campaign for Kids, with special thanks to the UK Sepsis Trust

## Any Child Who:

1. Feels abnormally cold to touch
2. Looks mottled, bluish, or has very pale skin
3. Has a rash that does not fade when you press it
4. Is breathing very fast
5. Has a convulsion
6. Is very lethargic or difficult to wake up



**TIME IS VERY CRITICAL.**

## A Child Under 5 Who:

1. Is not eating
2. Is vomiting repeatedly
3. Has not urinated in 12 hours

**IF YOU SEE ONE OR MORE OF THESE SYMPTOMS, YOUR CHILD MAY BE CRITICALLY ILL.**

**SEE A DOCTOR URGENTLY OR CALL 9-1-1 AND SAY "I'M CONCERNED ABOUT SEPSIS"**



[Sepsis.org](http://Sepsis.org)